

MONTANA ATHLETIC CLUB'S

keeping you safe series

TODAY'S TOPIC: MAT SANITIZATION

Exercise mats in fitness centers can be harbingers of viruses and bacteria - but not at the Montana Athletic Club!

Matsana makes a system that guides your mat through a high-intensity UV-C light chamber, exposing both sides to concentrated germicidal light that kills microorganisms by destroying their DNA.

In fact, the UV Mat Sanitizer kills greater than 99.9% of organisms on one pass through the machine. Not only that, but Matsana eliminates mat-odor! This unit can be used for both yoga and exercise mats. Imagine the relief of knowing the mat you are using is completely sanitized before and after your workout!

The MAC has 3 Matsana locations available for your convenience - one in the Middle Fork Studio, the North Fork Studio and the Misa Functional Training room. By running your mat through the Matsana, the corona virus has no chance!



Code for Matsana VIDEO



Code for Matsana WEBSITE
<https://matsana.net/>

MONTANA ATHLETIC CLUB

Questions on how we can help you get fit? Just call:

837-2582

MontanaAthleticClub.com



Our foremost concern is our Members and Guests. Not only in protecting them from COVID and other germs, but to ensure they are staying fit and healthy, both in body and mind.

STUDIES HAVE PROVEN THAT STAYING FIT HELPS NOT ONLY FIGHT OFF ILLNESS, BUT LESSENS THE IMPACT IF YOU ARE INFECTED.

This pandemic has also stressed our social life. Part of our mission is to provide a place for people to meet and socialize. While this has been difficult with all the restrictions in place, we are continually looking for ways to keep you safe.

We are proud of our members/guests for following the guidelines to ensure we can stay open for you.

WEAR MASKS IN COMMON AREAS (NOT REQUIRED WHILE WORKING OUT), SOCIAL DISTANCE AND JUST BE CAREFUL.

The Bigfork community is strong and resilient. We will get through this together!