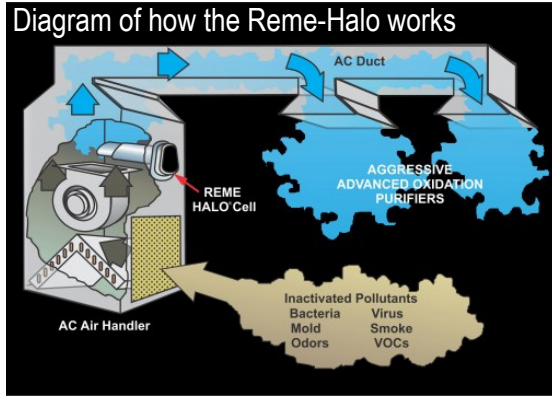


MONTANA ATHLETIC CLUB'S

keeping you safe series

TODAY'S TOPIC: AIR SANITIZATION AT THE MAC



Studies have proven air sanitization/replacement is one of the best ways to reduce virus and germ spread indoors. The MAC has installed 10 Reme-Halo units, covering all areas of the facility, including the locker rooms, lobby and offices along with the workout areas. These units are being installed in health and wellness centers nation-wide.

In places where people are working out harder, such as the spin room or the group exercise studio, we have installed exhaust fans that can replace the entire volume of air in those rooms in just a minute or so. We are also limiting the class size to abide by Health Department guidelines. Take all these precautions together and you have as safe an environment as you can get while exercising indoors. Now that the weather is changing, it is time to come indoors and maintain your exercise regime!

Our foremost concern is our Members and Guests. Not only in protecting them from COVID and other germs, but to ensure they are staying fit and healthy, both in body and mind.

STUDIES HAVE PROVEN THAT STAYING FIT HELPS NOT ONLY FIGHT OFF ILLNESS, BUT LESSENS THE IMPACT IF YOU ARE INFECTED.

This pandemic has also stressed our social life. Part of our mission is to provide a place for people to meet and socialize. While this has been difficult with all the restrictions in place, we are continually looking for ways to keep you safe.

We are proud of our members/guests for following the guidelines to ensure we can stay open for you.

WEAR MASKS IN COMMON AREAS (NOT REQUIRED WHILE WORKING OUT), SOCIAL DISTANCE AND JUST BE CAREFUL.

The Bigfork community is strong and resilient. We will get through this together!



REME-HALO WEBSITE:
<https://www.rgf.com/products/air/remehalo/>



Code for
REME-HALO VIDEO

MONTANA
ATHLETIC CLUB

Questions on how we can help you get fit? Just call:

837-2582

MontanaAthleticClub.com

